

MAY | 2022

Muskegon Catholic Central MS/HS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Home-style Chicken Tenders Mashed Potatoes & Gravy Fruit & Veggie Bar</p>	<p>3 Double Dogs Tater Tots Fruit & Veggie Bar</p>	<p>4 Beef & Cheese Nachos Refried Beans Toppings Fruit & Veggie Bar</p>	<p>5 French Toast w/Syrup Scrambled Eggs Sausage Link Fruit & Veggie Bar</p>	<p>6 Cheese or Pepperoni Pizza Fruit & Veggie Bar</p>
<p>9 Double Cheeseburgers Sidewinder Fries Fruit & Veggie bar</p>	<p>10 Meatball Subs With marinara & Mozzarella Fruit & Veggie Bar</p>	<p>11 Macaroni & Cheese Mini Corndogs Fruit & Veggie Bar</p>	<p>12 Chicken & Waffles With Syrup Steamed Corn Fruit & Veggie Bar</p>	<p>13 Cheese or Pepperoni Pizza Fruit & Veggie Bar</p>
<p>16 Walking Tacos With toppings Fruit & Veggie Bar</p>	<p>17 Breaded Chicken Sandwiches With Pickles Fruit & Veggie Bar</p>	<p>18 Crusader Bowl Chicken, Mashed Potatoes Corn, Gravy Fruit & Veggie Bar</p>	<p>19 Grilled Chicken Quesadilla Refried Beans Fruit & Veggie Bar</p>	<p>20 Cheese or Pepperoni Pizza Fruit & Veggie Bar</p>
<p>23 Home-style Chicken Tenders Mashed Potatoes & Gravy Fruit & Veggie Bar</p>	<p>24 Double Cheeseburger Tater Tots Fruit & Veggie Bar</p>	<p>25 2 Chicken Crisпитos Spanish Rice Tortilla Chips & Cheese sauce Fruit & Veggie Bar</p>	<p>26 French Toast w/Syrup Scrambled Eggs Sausage Link Fruit & Veggie Bar</p>	<p>27 Cheese or Pepperoni Pizza Fruit & Veggie Bar</p>
<p>30 Happy Memorial Day</p>	<p>31 Double Dogs Tater Tots Fruit & Veggie Bar</p>	<p>1 Dismissal @ 11am</p>	<p>2 Dismissal @ 11am</p>	<p>3 Dismissal @ 11am</p>

Lunch is Free every day!
(a lunch is ONE entree, one serving of fruit & veggie, a whole grain & milk)

Alternate Entree's
Available Daily
(a la carte prices: \$2.45)

Bosco Sticks
w/marinara dipping sauce
Reg. & Spicy Chicken Tenders

Reg. & Spicy Chicken Sandwiches

Mini Corn Dogs

Popcorn Chicken

Made Fresh Daily:

Chef Salads... \$2.45

Berry & Granola Parfait...
\$2.25

Milk is included with lunch
1% Chocolate
1% White Milk

MCC Nutrition Services
231-755-2201 x3280

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