



OCTOBER | 2018

Muskegon Catholic Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hamburger/ Cheeseburger Fresh Apple Slices Tater Tots Baked Beans Fruit/Veggie Bar Milk	2 Turkey & Ham Deli Sub Fresh Banana Baby Carrots with Hummus Fruit/Veggie Bar Milk	3 Chicken Nuggets Pineapple Sweet Potato Fries Whole Grain Roll Fruit/Veggie Bar Milk	4 Half Day	5 No School
8 Chicken Patty Sandwich Diced Strawberries Baked Crinkle Fries Fruit/Veggie Bar Milk	9 Baked Italian Style Mozzarella Sticks w/Marinara Sauce Fresh Broccoli Fruit/Veggie Bar Milk	10 Half Day	11 Chicken Tenders Mashed Potatoes Dinner Roll Fresh Red Grapes Fruit/Veggie Bar Milk	12 Mini Corn Dogs Tater Tots Fruit/Veggie Bar Milk
15 French Toast Sticks Sausage Orange Wedges Fruit/Veggie Bar Milk	16 Grilled Cheese & Tomato Soup w/ Goldfish Crackers Cucumber Slices Fruit/Veggie Bar Milk	17 Mozzarella Bread Sticks w/Marinara Fresh Romaine Salad Fruit/Veggie Bar Milk	18 Half Day	19 Half Day
22 Turkey Gravy & Mashed Potatoes Strawberry Cup Whole Grain Roll Fruit/Veggie Bar Milk	23 Sausage & Pancake on a Stick Danimals Yogurt Clementines Fruit/Veggie Bar Milk	24 Hot Dog on Bun Smile Fries Fruit/Veggie Bar Milk	25 Macaroni & Cheese Pretzel Nuggets Fresh Celery Sticks w/Ranch Fruit/Veggie Bar Milk	26 Teriyaki Steak Dippers Rice Fortune Cookie Fruit/Veggie Bar Milk
29 Beef Nachos w/ Tortilla Chips & Cheese Fruit/Veggie Bar Milk	30 Turkey & Ham Deli Sub Fresh Banana Baby Carrots with Hummus Fruit/Veggie Bar Milk	31 Honey Crunchy- Battered Corn Dogs Fresh Red Grapes Tater Tots Fruit/Veggie Bar Milk		

News

Alternate Entrees:

Turkey & Cheese Sandwich

PBJ Uncrustable w/ String Cheese

Chef Salad (Lettuce, turkey, cheese) w/roll

LUNCH: \$2.40

REDUCED: \$.40

MILK: \$.55

FRUIT BAR:

(fruit selections are offered on a rotating basis)

Apples/Apple Slices

Bananas

Clementine

Pears

Peaches

Oranges

Strawberries

Blueberries

Red Grapes

Watermelon

MCC Nutrition Services

231.755.2201x3280

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