



SEPTEMBER | 2018

Muskegon Catholic Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day No School	4 French Toast Sticks Sausage Tater Tots Fruit/Veggie Bar Milk	5 Mini Corn Dogs Soft Pretzel Nuggets Fresh Broccoli Fruit/Veggie Bar Milk	6 Cheeseburger or Hamburger Smile Fries Fruit/Veggie Bar Milk	7 Mozzarella Breadsticks w/ Marinara Sliced Cucumbers Fruit/Veggie Bar Milk
10 Chicken Nuggets Dinner Roll Mashed Potatoes Fruit/Veggie Bar Milk	11 Turkey/Cheese Sub Chips Red Pepper Slices Fruit/Veggie Bar Milk	12 Big Daddy Cheese or Pepperoni Pizza Romaine Blend Salad Fruit/Veggie Bar Milk	13 Walking Taco's Tortilla Chips Salsa/Cheese/Sour Cream Refried Beans Fruit/Veggie Bar Milk	14 Hot Dog Crinkle Fries Fruit/Veggie Bar Milk
17 Chicken Patty Sandwich Baked Beans Fruit/Veggie Bar Milk	18 Rotini w/ Meat sauce Garlic Bread Romaine Salad Fruit/Veggie Bar Milk	19 Chicken Quesadilla Salsa/Sour Cream Rice Cucumber Slices Fruit/Veggie Bar Milk	20 Macaroni & Cheese Fresh Broccoli Fruit/Veggie Bar Milk	21 Grilled Cheese Sandwich Tomato Soup Celery Sticks w/Hummus Fruit/Veggie Bar Milk
24 Chicken Tenders Graham Cracker Red Pepper Slices Fruit/Veggie Bar Milk	25 French Toast Sticks Sausage Tater Tots Fruit/Veggie Bar Milk	26 Mozzarella Breadsticks w/ Marinara Sliced Cucumbers Fruit/Veggie Bar Milk	27 Turkey/Cheese Sub Chips Red Pepper Slices Fruit/Veggie Bar Milk	28 Cheeseburger or Hamburger Smile Fries Fruit/Veggie Bar Milk

News

Alternate Entrees:

- *Turkey & Cheese on whole grain
- *PBJ Uncrustable with String Cheese/roll
- *Chef Salad (Lettuce, turkey, cheese) with roll
- *whole grain item

LUNCH: \$2.40
REDUCED: \$.40
MILK: \$.55

Fruit Bar:

(fruit selections are offered on a rotating basis)
 Apples/Apple Slices
 Bananas
 Pears
 Oranges
 Strawberries
 Blueberries
 Red Grapes
 Watermelon

MCC Nutrition Services
 231.755.2201x3280

USDA is an equal opportunity provider & employer.