



JANUARY | 2019

Muskegon Catholic MS/HS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
7 Double Dogs With Chili Sauce Diced onion, cheese & relish Curly Fries Fruit Choice	8 Dutch Waffles, Strawberry Cup Whipped Cream 2 Sausage Links Potato Rounds Fruit Choice	9 Dorito Walking Beef Taco Black Beans Cheese, lettuce, Salsa, tomatoes Fruit Choice	10 Chicken Tenders Rice Pilaf Red Peppers Hummus Fruit Choice	11 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Ham & Pineapple Pizza Fruit Choice/Salad Bar
14 Texas Grilled Cheese Tomato Soup Broccoli & Cukes Hummus	15 Hamburger or Cheeseburger Tater Tots Vegetable Choice Fruit Choice	16 Bacon Cheese Chicken Sandwich On a Bun Curly Fries Vegetable Choice Fruit Choice	17 Rotini Pasta with Choice Of: Alfredo Sauce, Marinara Chicken, Meatballs Breadstick Caesar Salad Fruit Choice	18 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Ham & Pineapple Pizza Fruit Choice/Salad Bar
21 Ham & Pepperoni Stromboli Caesar Salad Fruit Choice	22 Orange Chicken, Fried Rice, Eggroll Stir Fry Veggies Fruit Choice	23 Chips & Cheese, Taco Beef Refried Beans Steamed Corn, Cheese, lettuce, Tomatoes, Salsa Fruit Choice	24 2 Sloppy Joe Sliders Curly Fries, Carrots, Celery and Ranch Fruit Choice	25 Choice of Meat Lovers, Chicken Bacon Ranch, Hot Wing Pizza Ham & Pineapple Pizza Fruit Choice/Salad Bar
28 Soft Large Pretzel, Beef Chili, Red Peppers & Celery Hummus Fruit Choice	29 Tyson Mini Mega Chicken Poppers Steamed Corn Apple Crisp Fruit Choice	30 2 Chicken Drumsticks Whipped Potatoes Gravy, Cornbread Fruit Choice	31 French Toast Sticks 2 Sausage Links Potato Rounds Fruit Choice	1

Grill Station Available Daily

Bosco Breadsticks

Reg. & Spicy Chicken Patty

Reg.&Spicy Chicken Tenders

Mini Corn Dogs

Popcorn Chicken

Fresh Fruits & Veggies Served Daily

Chef, Cobb & Southwest
Salads available daily

Milk is included with lunch

1% Chocolate
1% White Milk

MEAL PRICE: \$2.40

REDUCED: \$.40

MILK: \$.55

This institution is an equal opportunity provider and employer. For any questions & information please contact Jennifer at: jbrown@muskegoncatholic.org